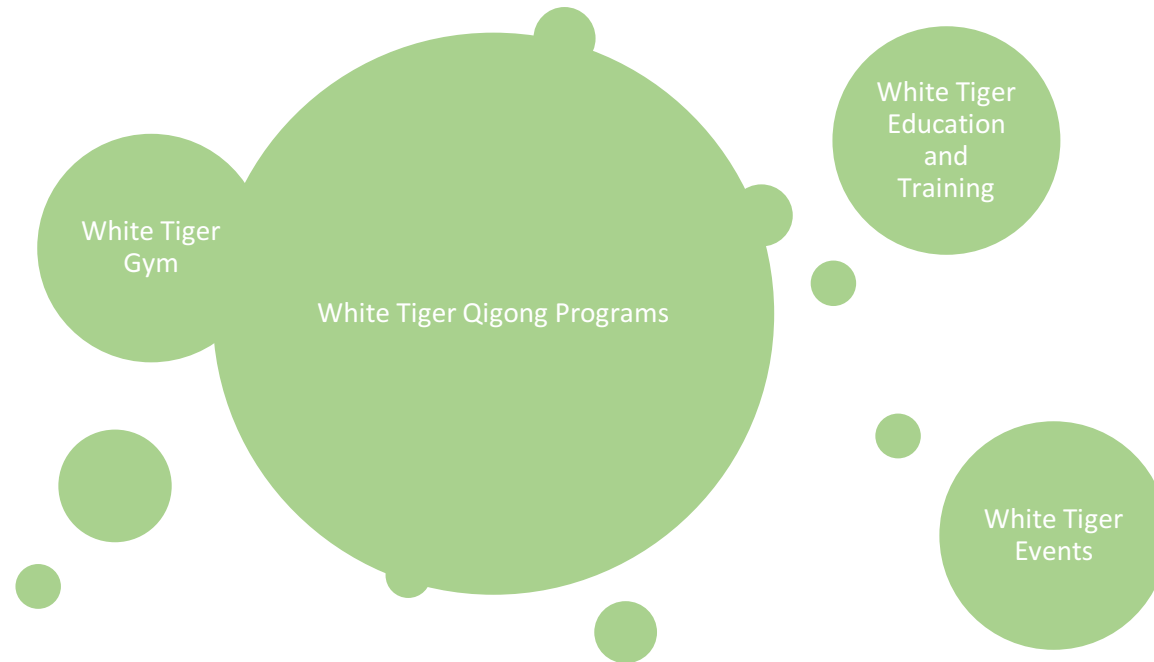


White Tiger Qigong Program and Certification Framework

White Tiger Program Components



A brief description of the three components of the White Tiger Programs.

1. White Tiger Education and Training – The White Tiger Education and Training Courses are certifications related to individual practice, group training and train the trainer courses.
2. White Tiger Gym – White Tiger Gym Programs are certifications related specifically to the fitness industry with a focus on gym/fitness classes. The details for this do not feature in this scope of work.
3. White Tiger Events – The White Tiger events are experiences that are not certifications. The details for this do not feature in this scope of work.

White Tiger Qigong Program and Certification Framework

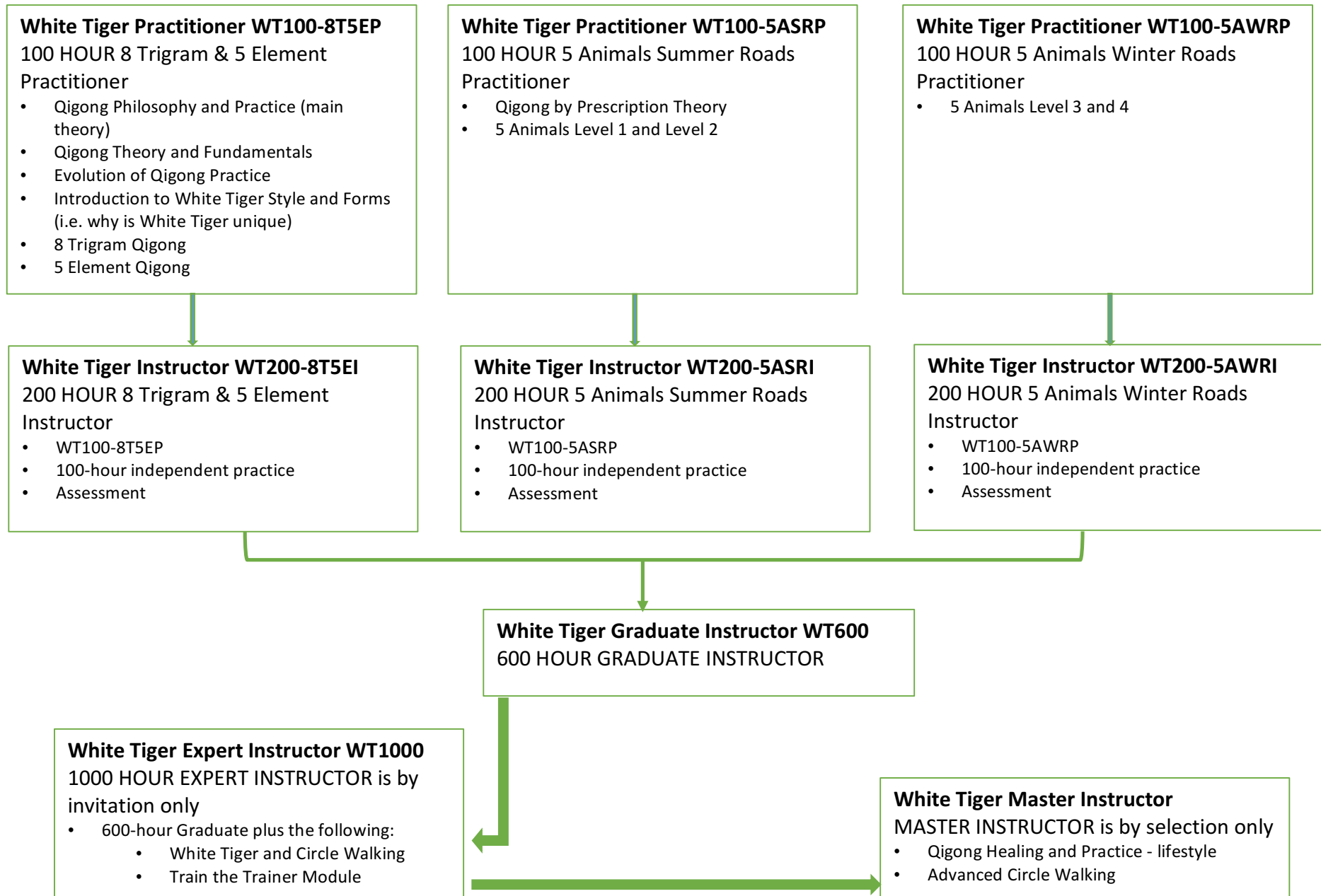
1. White Tiger Education and Training

Certifications - The following table outlines the levels for the White Tiger Certifications along with a brief description of the target persons and what each level certifies a candidate to do.

White Tiger Levels	Target Persons/ Level	Output – what the course certifies a candidate to do
White Tiger Practitioner	<ul style="list-style-type: none"> Persons interested in healthy lifestyle, wellbeing, martial arts, eastern practices. Entry level 	<ul style="list-style-type: none"> The ability to self-practice Qigong forms Undertake the role of Assistant Instructor to a certified White Tiger Instructor Hold free community classes
White Tiger Instructor	<ul style="list-style-type: none"> Persons interested in being a Qigong Instructor who have entry level knowledge of White Tiger Qigong Mid-level 	<ul style="list-style-type: none"> Instruct in the certified form undertaken from the 200 hour courses
White Tiger Graduate Instructor	<ul style="list-style-type: none"> Persons interested in further developing their knowledge and skills as a Qigong Instructor and who are interested in instructing in all of the White Tiger Instructor forms. High Mid-level 	<ul style="list-style-type: none"> Instruct in all of the certified forms undertaken from the 200 hour courses
White Tiger Expert Instructor	<ul style="list-style-type: none"> Persons who have a desire to teach others how to teach White Tiger Qigong to groups of people Advanced level 	<ul style="list-style-type: none"> Conduct train the trainer modules for the White Tiger Graduate Instructor course
White Tiger Master Instructor	<ul style="list-style-type: none"> Persons who are committed to Qigong lifestyle and holistic practice 	<ul style="list-style-type: none"> Mentor and assess the White Tiger Expert Instructors and teach the Expert Level course

White Tiger Qigong Program and Certification Framework

Certification Pathway – The visual maps the pathway and outlines course codes and brief content description.



White Tiger Qigong Program and Certification Framework

Course Outline – The following is a template that can be used to insert the specific course content for each of the certifications. This document, once completed can feature on the website and should also be provided to all students upon enrolment. A course outline is often featured in the introduction of any course guide/material.

Certification Code	
Certification Name	
Pre-requisites (if any)	
Mode of Delivery	<input type="checkbox"/> Online <input type="checkbox"/> Face to face <input type="checkbox"/> Blended Learning
Outcomes	At the end of this certification students will be able to: <ul style="list-style-type: none"> • (commence each bullet point with a verb) • • •
Certification Content	The following topics will be covered throughout this unit: <ul style="list-style-type: none"> • • • •
Assessment	Assessment: (check the ones that apply to this course) <ul style="list-style-type: none"> <input type="checkbox"/> Demonstration – in person <input type="checkbox"/> Demonstration – digital submission <input type="checkbox"/> Theoretical Exam
Continued Certification	Upon successful completion of this certification students qualify for enrollment in (insert certification code and name).